**Cyberbullying Facts** 

# What is Cyberbullying?

Cyberbullying is bullying that takes place using electronic technology such as social media, video gaming, chat rooms, instant messaging, and all other forms of digital electronic communication. Technology is constantly changing and can be an exciting avenue for students to explore. Nevertheless, it also promotes constant online interaction with others which can increase the likelihood of one's exposure to cyberbullying behavior.



of students in grades 9-12 reported being cyberbullied in a single year.

### Who is Cyberbullied?



Percentage of High School Students, by Sexual Identity, Who Reported Being Electronically Bullied



## Places Where Cyberbullying Occurs





Social Media

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Instant Messenger/SMS



Email



Video Gaming



Immediate and persistent



## How to Prevent **bullying**

#### Learn more about each of these actions at **stopbullying.gov**



( Communicate



Report

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Support

Learn more about bullying and its prevention at www.StopBullying.gov. \*Bullying may be a contributor to suicide. To learn more or get help: suicidepreventionlifeline.org or 1-800-273-8255.

#### stopbullying.gov

1 "Results," Youth Risk Behavior Surveillance System (YRBSS), Centers for Disease Control and Prevention, U.S. Department of Health and Human Services, accessed August 2022, https://www.cdc.gov/healthyyouth/data/yrbs/pdf/YRBSDataSummaryTrendsReport2019-508.pdf