



# Washington Congressional Statistics, 2023

*Old-Age (retirement), Survivors, and Disability Insurance (OASDI)*—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

**Table 1.  
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2023**

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses <sup>a</sup>	Children <sup>b</sup>	All beneficiaries	Retired workers	Widow(er)s and parents	
Washington	1,452,551	1,135,608	138,248	70,765	40,729	67,201	2,749,221	2,295,964	132,554	1,203,519
1	106,739	85,719	7,745	5,387	3,514	4,374	218,387	185,987	10,803	91,682
2	172,430	138,673	14,037	8,167	5,143	6,410	330,464	281,553	15,546	147,424
3	172,414	132,271	18,093	8,954	4,836	8,260	319,883	261,958	16,650	140,197
4	145,677	110,298	16,455	7,125	3,813	7,986	255,911	208,567	12,541	115,907
5	173,914	130,665	20,689	8,625	4,456	9,479	308,429	250,047	15,483	138,277
6	192,957	153,493	17,412	9,350	5,086	7,616	359,626	302,946	17,155	161,891
7	103,338	85,194	7,731	4,253	2,682	3,478	219,018	191,546	8,721	90,614
8	132,540	106,200	10,466	6,345	3,833	5,696	265,804	225,005	12,531	111,620
9	109,486	85,781	10,025	5,010	3,525	5,145	207,011	173,745	9,370	91,471
10	143,056	107,314	15,595	7,549	3,841	8,757	264,688	214,610	13,754	114,436
All areas <sup>c</sup>	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

**Supplemental Security Income (SSI)** is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

**Table 2.**  
**Number of recipients of federally administered SSI payments and total monthly payments, December 2023**

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI <sup>a</sup>
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Washington	134,978	18,358	864	115,756	13,189	79,906	41,883	98,523	10,713	632	87,178	39,613
1	7,250	1,810	55	5,385	548	3,623	3,079	5,083	1,133	41	3,908	1,808
2	13,211	2,099	78	11,034	1,081	7,657	4,473	9,357	1,180	54	8,123	4,079
3	15,256	1,386	117	13,753	1,561	9,826	3,869	11,534	814	83	10,638	4,532
4	16,507	1,308	103	15,096	2,800	10,012	3,695	12,087	598	83	11,405	5,055
5	18,787	1,179	88	17,520	2,071	12,710	4,006	13,750	613	59	13,078	5,899
6	15,295	1,286	89	13,920	1,203	10,069	4,023	11,179	681	59	10,438	4,791
7	11,286	2,626	63	8,597	506	5,510	5,270	8,017	1,653	45	6,319	3,416
8	6,514	926	45	5,543	695	4,007	1,812	4,735	532	35	4,168	1,756
9	15,802	4,249	112	11,441	1,162	7,049	7,591	11,433	2,638	84	8,711	4,060
10	15,070	1,489	114	13,467	1,562	9,443	4,065	11,348	872	86	10,390	4,217
All areas <sup>b</sup>	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

**Social Security Administration**

Office of Retirement and Disability Policy  
Office of Research, Evaluation, and Statistics  
250 E Street SW, 8th Floor  
Washington, DC 20254

SSA Publication No. 13-11710

Produced and published at U.S. taxpayer expense

For technical information about the data processing,  
e-mail [statistics@ssa.gov](mailto:statistics@ssa.gov).