



Congressional Statistics, 2023

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2023

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Maine	369,221	274,680	48,170	17,853	7,844	20,674	622,946	498,734	29,837	290,214
1	174,275	135,846	18,894	7,874	3,461	8,200	314,703	261,608	14,069	142,962
2	194,946	138,834	29,276	9,979	4,383	12,474	308,243	237,126	15,768	147,252
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

a. These beneficiaries receive payment on the record of a worker who is retired or disabled.

b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.

c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2023

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Maine	33,040	1,718	195	31,127	3,198	23,370	6,472	22,289	677	123	21,489	12,606
1	11,337	762	61	10,514	1,075	7,893	2,369	7,691	349	39	7,303	4,215
2	21,703	956	134	20,613	2,123	15,477	4,103	14,598	327	85	14,186	8,391
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

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