



Congressional Statistics, 2023

Old-Age (retirement), Survivors, and Disability Insurance (OASDI)—popularly referred to as Social Security—provides monthly benefits to an eligible worker and family members when the worker elects to start receiving retirement benefits or when the worker dies or becomes disabled. A worker’s lifetime covered earnings largely determine the amount of benefits received.

Table 1.
Number of OASDI beneficiaries in current-payment status and total monthly benefits, December 2023

Congressional district	Number of beneficiaries						Total monthly benefits (thousands of dollars)			Number of beneficiaries aged 65 or older
	Total	Retired workers	Disabled workers	Widow(er)s and parents	Spouses ^a	Children ^b	All beneficiaries	Retired workers	Widow(er)s and parents	
Iowa	687,630	531,390	71,839	36,052	12,539	35,810	1,235,464	1,020,986	64,746	557,065
1	173,881	134,607	18,301	8,783	3,168	9,022	314,042	259,925	15,926	140,049
2	184,155	143,011	18,633	9,767	3,528	9,216	330,486	273,998	17,637	150,239
3	153,402	117,804	16,989	7,734	2,586	8,289	281,139	231,967	13,949	122,906
4	176,192	135,968	17,916	9,768	3,257	9,283	309,797	255,095	17,234	143,871
All areas ^c	67,076,966	50,147,679	7,365,987	3,796,684	1,984,227	3,782,389	118,527,109	95,546,840	6,512,823	53,508,012

SOURCES: Social Security Administration, Master Beneficiary Record, 100 percent data; and U.S. Postal Service geographic data.

- a. These beneficiaries receive payment on the record of a worker who is retired or disabled.
- b. These beneficiaries receive payment on the record of a worker who is retired, deceased, or disabled.
- c. Includes beneficiaries in the 50 States, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, U.S. Virgin Islands, and foreign countries.

Supplemental Security Income (SSI) is a federal cash assistance program that provides monthly payments to low-income aged, blind, or disabled persons in the 50 States, the District of Columbia, and the Northern Mariana Islands.

Table 2.
Number of recipients of federally administered SSI payments and total monthly payments, December 2023

Congressional district	Number of recipients							Total monthly payments (thousands of dollars)				Number of recipients with OASDI ^a
	Total	By type			By age			Total	Aged	Blind	Disabled	
		Aged	Blind	Disabled	Under 18	18–64	65 or older					
Iowa	48,878	2,988	594	45,296	7,775	32,471	8,632	33,877	1,309	379	32,189	16,466
1	13,511	776	144	12,591	2,303	8,960	2,248	9,500	305	98	9,096	4,478
2	12,650	667	150	11,833	2,155	8,440	2,055	8,713	276	99	8,338	4,299
3	12,248	1,006	166	11,076	1,852	7,769	2,627	8,527	504	99	7,924	3,943
4	10,469	539	134	9,796	1,465	7,302	1,702	7,137	225	82	6,831	3,746
All areas ^b	7,425,331	1,160,789	63,886	6,200,656	983,169	4,039,319	2,402,843	5,292,598	632,748	47,283	4,612,568	2,504,566

SOURCES: Social Security Administration, Supplemental Security Record, 100 percent data; and U.S. Postal Service geographic data.

a. Includes persons who are receiving both SSI payments and Social Security benefits.

b. Includes recipients in the 50 States, District of Columbia, and Northern Mariana Islands.

Social Security Administration

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