

Introduction to SAMHSA's National Training & Technical Assistance Center for Early Serious Mental Illness (ESMI TTA Center)

Preethy George, Ph.D., Project Director, Westat
Abram Rosenblatt, Ph.D., Principal Investigator, Westat
Joanne Angosta, Ph.D., Project Manager, Westat

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SAMHSA
Substance Abuse and Mental Health
Services Administration

Housekeeping Notes

- This presentation will be recorded.
- During the presentation, submit questions and feedback in the chat.
- You will receive a link to the presentation slides and recording via email.



Webinar Overview

- I. Opening Remarks
- II. Introduction to SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness (ESMI TTA Center)
- III. Q&A
- IV. Closing Remarks



ESMI TTA CENTER

SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness

Opening Remarks

Anita Everett, M.D., DFAPA

Director of the Center for Mental Health Services
(CMHS)

Substance Abuse & Mental Health Services
Administration (SAMHSA)



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SAMHSA's Working Definition of ESMI

“An early serious mental illness or **ESMI** is a condition that affects an individual regardless of their age and that is a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within DSM-5 (APA, 2013).

For a significant portion of the time since the onset of the disturbance, the individual has not achieved or is at risk for not achieving the expected level of interpersonal, academic or occupational functioning.

This definition is not intended to include conditions that are attributable to the physiologic effects of a substance use disorder, are attributable to an intellectual/developmental disorder or are attributable to another medical condition. The term ESMI is intended for the initial period of onset.”

What is the ESMI TTA Center?

The ESMI TTA Center is a TA Center supported by SAMHSA to promote a full spectrum of effective services and supports for individuals experiencing ESMI.

samhsa.gov/esmi-ta-center

ESMITACenter@Westat.com



Background and Need for the ESMI TTA Center

SAMHSA's Community Mental Health Services Block Grant (MHBG) 10% ESMI set-aside and **Clinical High Risk for Psychosis (CHR-P) programs** represent a portion of the continuum of care for individuals with ESMI across the country.

SAMHSA wants to support core components of this work including (but not limited to):



Purpose and Objectives



Purpose

- **Develop** a National TTA Center addressing ESMI, including first episode psychosis (FEP) and clinical high risk for psychosis (CHR-P)
- **Expand** education and training on identification, assessment, and treatment of ESMI
- **Promote** effective ESMI services and supports



Objectives

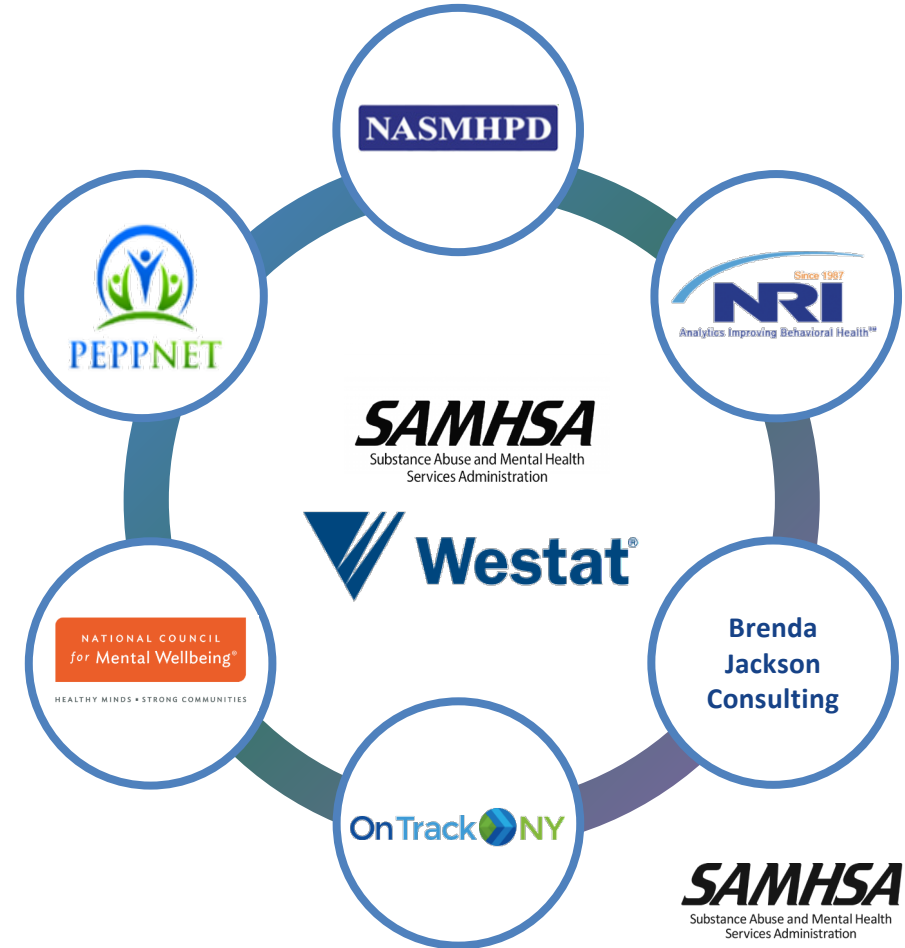
- **Provide** TTA consultation to multiple audiences
- **Identify, develop, and disseminate** resources about effective ESMI practice
- **Implement** Learning Communities, trainings, meetings, and expert panels

Partners



ESMI TTA CENTER

SAMHSA's National Training and Technical Assistance Center for Early Serious Mental Illness



ESMI TTA Center Tasks and Key Audiences



Tasks

- Technical Expert Panel
- ESMI Program Information
- Training and Technical Assistance
- ESMI Treatment Locator
- Resource Development
- Dissemination



Key Audiences

Individuals Experiencing ESMI, Family Members, Providers and Direct Care Staff, Communities, States and Territories



Technical Expert Panel

- Ensures training and technical assistance (TTA) activities are responsive to national needs and include diverse perspectives
- Guides and plans for ESMI TTA activities and resource development
- Reviews content of TTA activities and products
- Develops content for products
- Helps market and disseminate TTA resources



Virtual Learning Communities



Virtual Learning Communities

- The ESMI TTA Center facilitates 3 virtual Learning Communities per year.
- Each Learning Community includes up to 25-30 participants.
- Sessions are engaging, interactive, and focused on providing practical strategies and skills.

We will have additional Learning Community opportunities this upcoming year!

Individualized Training and Technical Assistance (TTA)

Who can request individualized TTA?

- Clinical High-Risk for Psychosis (CHR-P) grantees
 - With Project Director approval
- States/territories and programs funded by the Community Mental Health Services Block Grant (MHBG) 10% set-aside for ESMI
 - Notify your State Mental Health Authority

What are common TTA requests for the ESMI TTA Center?

- Financing
- Outreach including school collaboration and screening
- Trauma-informed care and trauma treatment
- Assessment of CHR-P
- Connecting CHR-P treatment across system of care
- Treatment specific TTA

How to request TTA?

Email esmitacenter@westat.com

or visit our website at

samhsa.gov/esmi-ta-center

SAMHSA's ESMI Treatment Locator

Find programs in your area!

- Programs follow an evidence-based Coordinated Specialty Care model
- Programs are recognized by the State Mental Health Authority
- Programs are regularly updated

[samhsa.gov/esmi-treatment-locator](https://www.samhsa.gov/esmi-treatment-locator)



Resource Inventory

Individuals, families, and providers can access ESMI resources for their needs.

[samhsa.gov/esmi-ta-center](https://www.samhsa.gov/esmi-ta-center)



**Community
Outreach and
Education**



**Identification,
Screening, and
Assessment**



**Treatment and
Support Services**



Financing



**Other Areas
of Need**

Dissemination



Source: [ESMI TTA Center Newsletter](#)

- Stay up to date on upcoming ESMI trainings and events.
- Learn more about practices related to ESMI research, education, and training!

Source: [ESMI TTA Center Website](#)

Access our resource inventory and more!

Final Thoughts



As the ESMI TTA Center grows...

- We want to be supportive of and responsive to needs in the field.
- We want to highlight effective models and programs.
- We want to collaborate with those of you who are trying to advance early intervention services.

Upcoming ESMI TTA Center Webinars

- **Clinical High Risk for Psychosis (CHR-P) Overview**
Date & Time: November 19, 2024 @ 12 PM EST
Presenter: Jason Schiffman, Ph.D.
- **Clinical High Risk for Psychosis (CHR-P) Screening, Diagnosis, and Risk Assessments**
Date & Time: December 17, 2024 @ 12 PM EST
Presenter: Barbara C. Walsh, Ph.D.
- **Clinical High Risk for Psychosis (CHR-P) Stepped Care**
Date & Time: January 21, 2025 @ 12 PM EST
Presenter: Nicholas Breitborde, Ph.D.



Questions?



Thank You

SAMHSA's mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.

ESMITACenter@westat.com

www.samhsa.gov/esmi-ta-center

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)