

## Guide to Accessing Technical Assistance (TA)

### What is the Tribal TTA Center?

The Tribal Training and Technical Assistance (TTA) Center offers TTA on mental and substance use disorders, suicide prevention, and mental health promotion using the Strategic Cultural Framework.

### What is TTA?

We define TTA as the process of providing targeted support using culturally relevant, evidence-based, holistic approach to support Native communities in their self-determination efforts through infrastructure development and capacity building, as well as program planning and implementation. The purpose of the Tribal TTA Center is to provide Broad, Focused, and Intensive TTA to federally recognized tribes and other American Indian and Alaska Native communities. Some of our requested TTA can also include Tribal Action Plans (TAP).

### Broad TTA

Broad TTA is provided to increase knowledge, build community capacity, and enhance systems. Available to all federally recognized tribes, other tribal nations, and rural and urban organizations that serve Native communities.

### Focused TTA

We offer support in implementing grant activities, strengthening successful interventions, increasing community capacity, and evaluating efforts in a culturally appropriate manner. We offer onsite and web based TTA and have a large consultant pool of American Indian and Alaska Native expert trainers that help with the delivery of TTA. Available to SAMHSA tribal grantees.

### Intensive TTA

Intensive selected American Indian and Alaska Native communities. Intensive TTA follows a community engagement process that helps communities determine next steps for bringing healing to their members. The TTA guides communities as they build prevention programs rooted in their own unique culture, strengths, and worldview. This process includes a series of site visits and virtual TTA.

## Tribal Action Plans

TAP TTA assists tribes as they develop and implement a TAP. A strategic plan for guiding change among tribal members to address alcohol and substance misuse. Available to all federally recognized tribes, other tribal nations, and rural and urban organizations that serve Native communities.

## Menu of Services

The Tribal TTA Center offers several services to support Tribal communities, including but not limited to:

### Curriculum

- Gathering of Native Americans (GONA)
- Gathering of Alaska Natives (GOAN)
- GONA/GOAN Training of Facilitators
- Mental Health First Aid
- Applied Suicide Intervention Skills Training (ASIST)
- Substance Misuse Prevention Training

### Capacity Building

- Community Readiness Assessment
- Strategic Action Planning
- Needs Assessment
- Asset Mapping
- Social Marketing
- Community-Based Participatory Research

### Training Topics

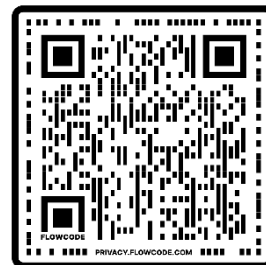
- Cultural Competency
- Motivational Interviewing
- Historical Trauma
- Digital Storytelling
- Trauma Informed Principles
- Opioid Misuse Prevention and Crisis Response

## Request TTA

After a TTA request is received, Tribal TTA Center staff respond to set up an intake call. From there, Tribal TTA Center staff work with the community to best meet their needs. See the flow chart on page 3 for more information.

Tribal communities and SAMHSA tribal grantees can contact the Tribal TTA Center to submit TTA inquiries via:

<https://www.samhsa.gov/tribal-ttac/contact-us>  
Phone: 1-800-953-1379  
189 E. Nelson Avenue #249 Wasilla, AK 99654



# TECHNICAL ASSISTANCE REQUEST PROCESS



## TTA CENTER

TTA Center Intake Team responds within 2 business days, sending information and Pre-Intake Form link

Intake Team conducts intake & track in smart sheets

Management team identifies TA Coach w/in **5 business days** of intake

TA Coach develops trackers & cost estimates

TA Coach may hold follow-up intake call if needed

TA Coach submits to Project Manager for review & submission w/in **5 business days** of assignment

Project Manager submits to SAMHSA for approval

TA Coach works with requester to further customize, plan, & implement TA effort

TA Coach documents progress weekly

After TA is complete, TA Coach ensures sign-in sheets, evaluations, and reports are submitted within **5 business days**

## REQUESTER

Requester submits a TA Request

Fill out Pre-Intake Form and send dates for intake w/in **10 business days**

Participate in intake call

Participate in planning meetings to customize TA support

Works w/TA Coach and TA Team to plan & implement

Complete the 6-month Follow-Up