

HIV and Birth Control

Women with HIV can safely use any form of birth control to prevent pregnancy.

BARRIER METHODS
block sperm from reaching an egg.



CONDOM



INTERNAL CONDOM




DIAPHRAGM/
CERVICAL CAP




CONTRACEPTIVE
SPONGE


SHORT-ACTING HORMONAL METHODS interfere with ovulation, fertilization, and/or implantation of a fertilized egg.




BIRTH CONTROL PILLS



VAGINAL RING




PROGESTIN SHOTS




PATCH

LONG-ACTING REVERSIBLE CONTRACEPTIVES interfere with ovulation, fertilization, and/or implantation of a fertilized egg.



IMPLANTABLE ROD



INTRAUTERINE DEVICE
(IUD)

EMERGENCY CONTRACEPTION can be used after unprotected sex or when another form of birth control fails.



EMERGENCY
CONTRACEPTIVE PILLS

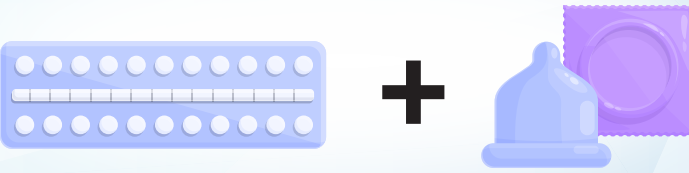


COPPER IUD

Women with HIV can safely use any form of birth control to prevent pregnancy

However, some HIV medications may make hormonal birth control less effective

Condoms are the only method available today that can safely prevent pregnancy **and** HIV and STIs (chlamydia, gonorrhea, syphilis)



Condoms can be used with other birth control methods



Talk to your health care provider about the form of birth control that is best for you