

HOW NURSES CAN HELP

Join. Enroll in the program and share your unique health information.

Spread the word. Encourage patients, other health care professionals, and your friends and family to join, too.

Educate. Many people are afraid of the medical community. We need help getting people to understand that better research means better care, especially if they are from communities that have not participated in medical research studies in the past.

Nurses put the “care” in health care.



The **All of Us Research Program** knows that nurses are the face of patient-centered care. Our goal is to speed up medical breakthroughs so we can tailor treatments to the individual patient. Nurses are the perfect partners to help us achieve that goal.

We hope that you will join, but also hope you will help us spread the word to your patients, friends, family, and other health care professionals.

This brochure is a quick guide to who we are, where we're going, and why we need your help!

HOW TO JOIN?



or



Download
the **All of Us** app

Visit our
website

JOIN TODAY

JoinAllofUs.org
(844) 842-2855
help@joinallofus.org

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**All
of Us**
RESEARCH PROGRAM



We invite nurses
to help speed up
medical breakthroughs.

JoinAllofUs.org



We're all different.

But when we visit the doctor, our treatments are often the same. We think one day health care should be tailored for each person.

This is called **precision medicine**. And research can help us get there.

Precision medicine is health care that is based on each person.

It is made up of three factors:



ENVIRONMENT

Like where you live

+



LIFESTYLE

Like what you eat

+



BIOLOGY

Your genes and family history

The All of Us Research Program

All of Us is a new research program. The goal is to learn how differences between us might lead to different types of treatments.

We want **one million or more people** to join. People who join will share their information. This might be about their health, habits, and what it's like where they live. It might also be about family history and genes.

Researchers will use this to do studies. This may help improve health for everyone.

WHAT KIND OF INFORMATION WILL PARTICIPANTS GIVE?

Participants **will** be asked to:



Take online surveys



Share their electronic health record (EHR)

Participants **may** be asked to:



Give blood and urine samples



Have their physical measurements taken



TOP 10 THINGS TO KNOW

1. Participation is free.
2. Participants do not need to change providers to join.
3. Enrollment will not interfere with the way participants receive care from their current health care team.
4. Participants will be asked to complete online surveys about their health history, lifestyle habits, and environment.
5. Participants will be asked to provide access to their electronic health records.
6. Participants may be asked to visit a partner site to have basic physical measurements taken and to provide blood and urine samples.
7. The program has rigorous safeguards in place to protect data security and participant privacy.
8. The program may last for 10 years or more.
9. Participants may withdraw at any time.
10. Participants will have access to their own data and summarized results from across the program.



To learn more, visit: JoinAllOfUs.org