



The Facts About Glaucoma

Did you know? Glaucoma usually doesn't have early symptoms — and half of people with glaucoma don't know they have it.

What is glaucoma?

Glaucoma is a group of eye diseases that can cause vision loss and blindness by damaging a nerve in the back of your eye called the optic nerve.

Am I at risk for glaucoma?

Anyone can get glaucoma, but some people are at higher risk. You're at higher risk if you:

- Are over age 60
- Are African American or Hispanic/Latino and over age 40
- Have a family history of glaucoma

There's no cure for glaucoma. But a dilated eye exam can catch it early, when it's easier to treat. And early treatment can often stop the damage and prevent vision loss. **So protect your vision by getting a dilated eye exam.**

