Section 6 – ANXIETY Now I'd like to ask you about feelings of nervousness that you might have experienced at some time in your **Statement O** N6STO Have you EVER had a panic attack, when ALL OF A 1 ☐ Yes - SKIP to Check Item 6.1 1. **N6Q1** SUDDEN you felt extremely frightened or 2 □ No uncomfortable, overwhelmed or nervous, almost as if you were in great danger, but really weren't? Did you EVER think you were having a heart attack, 1 ☐ Yes N6Q3 but the doctor said it was just nerves or you were $2 \square No$ having a panic attack? **CHECK** Is at least 1 item marked "Yes" in 1 - 3? 1 ☐ Yes **ITEM 6.1** 2 ☐ No - *SKIP to 29* N6CK61 Did you have at least 2 panic attacks that happened 1 ☐ Yes 4. out-of-the-blue, for no real reason? 2 □ No – *SKIP to 29* N6Q4 6a. Now I'd like you to think about the time when you were having your worst panic attacks that happened $\label{eq:out-of-the-blue} \textbf{OUT-OF-THE-BLUE} \ \textbf{or} \ \textbf{suddenly} \ \textbf{without} \ \textbf{warning.}$ By worst panic attacks, I mean the ones that made you the most frightened, uncomfortable, nervous, or overwhelmed. During your worst panic attacks did you . . . (Repeat phrase frequently) Have trouble catching your breath, feel short of 1 ☐ Yes N6Q6A breath, or feel like you were smothering? 2 □ No Feel your heart racing, pounding or skipping? 1 ☐ Yes N6Q6B $2 \square No$ Tremble or shake? 1 ☐ Yes N6Q6C 2 □ No Perspire or sweat? 1 ☐ Yes N6Q6D d. 2 □ No Feel as if you were choking? 1 ☐ Yes N6O6E e. 2 □ No Feel dizzy, lightheaded, unsteady or as if you might 1 ☐ Yes N6Q6F f. 2 □ No Feel that things around you seemed unreal? 1 ☐ Yes N6Q6G g. 2 □ No Feel that you were detached from the things around 1 ☐ Yes N6Q6H h. $2 \square No$ Have tingling or numbness in any part of your body? 1 ☐ Yes N6Q6I i. 2 □ No Have chills or feel hot? 1 ☐ Yes N6Q6J j. 2 □ No Feel nauseous, have an upset stomach, or feel you 1 ☐ Yes N606K k. might vomit or have diarrhea? 2 □ No Have pain or pressure in your chest? 1 ☐ Yes l. N6Q6L 2 □ No Feel like you might go crazy or lose control? 1 ☐ Yes N6Q6M m. 2 □ No Feel like you might die? 1 ☐ Yes N6Q6N n.

2 □ No

Section 6 - ANXIETY (Continued)			
CHE(is at least 1 frem marked Yes in pa = n?	1 □ Yes 2 □ No – <i>SKIP to 29</i> N6CK62	
CHE ITEM	Are at least 4 items marked files in oa – on?	1 □ Yes 2 □ No - <i>SKIP to 29</i> N6CK63	
7.	During the time you were having your worst panic attacks, did at least 4 of the experiences you mentioned begin suddenly and become very intense within minutes?	1 □ Yes N6Q7 2 □ No - <i>SKIP to 8b</i>	
8a.	During that worst time, did you have at least two separate panic attacks when at least 4 of these experiences became very intense within minutes after they started?	1 □ Yes N6Q8A 2 □ No	
8b.	After your worst panic attacks did you worry for at least 1 month that you might have another one?	1 □ Yes N6Q8B 2 □ No	
9.	After having your worst panic attacks, did you worry a lot for at least 1 month about what might happen if you DID have another panic attack, like losing control, having a heart attack or going crazy, or having some of the other experiences related to having a panic attack?	1 □ Yes N6Q9 2 □ No	
10.	Did you make any major changes in your everyday life, usual activities, or future plans for at least 1 month after you had your worst panic attacks, like changing your behavior to avoid or reduce the likelihood you would have another attack?	1 □ Yes N6Q10 2 □ No	
11a.	Now I'd like to ask you about some other things that may have happened to you after you had your worst panic attacks.		
	After those worst panic attacks		
	Were you very upset by your panic attacks or by any of these other experiences?	1 □ Yes N6Q11A 2 □ No	
b.	Did you have any serious problems getting along with other people - like arguing with them or avoiding them more than usual?	1 □ Yes N6Q11B 2 □ No	
c.	Did you have any serious problems doing things you were supposed to do - like working, doing your schoolwork, or taking care of your home or family?	1 □ Yes N6Q11C 2 □ No	
d.	Did you restrict your usual activities in any way because of your panic attacks?	1 □ Yes N6Q11D 2 □ No	
e.	Was there anything you were unable to do because of your panic attacks?	1 □ Yes N6Q11E 2 □ No	
12a.	About how old were you the FIRST time you BEGAN to have panic attacks along with some of the other experiences you told me about?	Age	
	Refer to experiences marked "Yes" in $6(a)$ - (n) and 7 - $11e$, if necessary.		
CHE(is respondent s age in 12a within 1 year of his/her	1 □ Yes 2 □ No - <i>SKIP to 12c</i> N6CK64	
12b.	Did this FIRST time when you were having panic attacks BEGIN to happen during the last 12 months?	1 □ Yes N6Q12B 2 □ No	
c.	After your first attacks, did you worry a lot about having another one for at least 1 month (PAUSE) or make a change in your everyday life or future plans as the result of having a panic attack?	1 □ Yes N6Q12C 2 □ No	
13.	In your ENTIRE LIFE, about how many SEPARATE times were there when you were having panic attacks along with some of those other experiences you mentioned?	Number	
	By separate times, I mean times separated by at least 2 months when you DIDN'T have any panic attacks.		

Section 6 - ANXIETY (Continued)		
CHE	Is number in 13, 2 or more or unknown?	1 □ Yes 2 □ No - <i>SKIP to 15e</i> N6CK65
14a.	How old were you the MOST RECENT time you BEGAN to have panic attacks along with some of the other experiences you mentioned?	Age
CHE	Is respondent's age in 14a within 1 year of his/her present age or is present age or 14a unknown?	1 □ Yes 2 □ No - <i>SKIP to 14c</i> N6CK66A
14b.	Did this MOST RECENT time BEGIN to happen during the last 12 months?	1 □ Yes N6Q14B 2 □ No
c.	After (these/your) MOST RECENT attacks, did you worry about having another one for at least 1 month (PAUSE) or make a change in your everyday life or plans as the result of having the attacks?	1 □ Yes N6Q14 C 2 □ No
15a.	How long did (this/your) MOST RECENT time last when you were experiencing panic attacks, that is from the time the most recent period began to the time the attacks completely stopped for at least 2 months?	Day(s)
b.	Since this MOST RECENT time when your panic attacks BEGAN, have there been at least 2 months when you DIDN'T have ANY panic attacks?	1 □ Yes 2 □ No - <i>SKIP to 15d</i> N6Q15B
CHE	CK Is 14b marked "Yes"?	1 ☐ Yes - <i>SKIP to 15d</i> N6CK66B 2 ☐ No
15c.	Did this MOST RECENT time you DIDN'T have ANY panic attacks for at least 2 months BEGIN to happen in the last 12 months?	1 □ Yes N6Q15 C 2 □ No
d.	In your ENTIRE LIFE, what was the LONGEST period you had when you were having panic attacks, that is, from the time that period began to the time the attacks stopped completely for at least 2 months?	Day(s) ORWeek(s) ORMonth(s) ORYear(s) N6Q15DCONT, N6Q15DUNIT SKIP to Check Item 6.7
e.	How long did that time last when you were having panic attacks, that is, from the time the first panic attack happened to the time the attacks stopped completely for at least 2 months?	Day(s)
f.	Since that time when your panic attacks BEGAN, have there been at least 2 months when you DIDN'T have ANY panic attacks?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 6.7 N6Q15F
CHE	CK Is 12b marked "Yes"?	1 ☐ Yes - <i>SKIP to Check Item 6.7</i> N6CK66C 2 ☐ No
15g.	Did that time when you DIDN'T have ANY panic attacks for at least 2 months BEGIN to happen in the last 12 months?	1 □ Yes N6Q15G 2 □ No
CHE	Reter to Uneck Item / 1 Section / A	1 □ Yes - <i>SKIP to 18</i> N6CK67 2 □ No
16.	Did (that time/ANY of those times) when you were having panic attacks BEGIN to happen DURING or within 1 month AFTER drinking heavily or a lot more than usual?	1 □ Yes N6Q16 2 □ No
17.	Did (that time/ANY of those times) when you were having panic attacks BEGIN to happen DURING or within 1 month AFTER experiencing the bad aftereffects of drinking?	1 □ Yes N6Q17 2 □ No

	Section 6 - ANXIETY (Continued)			
18.	Did (that time/ANY of those times) when you were having panic attacks BEGIN to happen DURING or within 1 month AFTER using a medicine or drug?	1 □ Yes N6Q18 2 □ No		
19.	Did (that time/ANY of those times) when you were having panic attacks BEGIN to happen DURING or within 1 month AFTER experiencing the bad aftereffects of a medicine or drug?	1 □ Yes N6Q19 2 □ No		
CHE	Is at least 1 item marked 1 es in 10, 17, 18	1 ☐ Yes 2 ☐ No - <i>SKIP to 21a</i> N6CK68		
CHIE	IS CHECK HEIL O.3 HIAIKEU INO !	1 □ Yes 2 □ No - <i>SKIP to Check Item 6.10</i> N6CK69		
20a.	During that time did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 □ Yes 2 □ No - <i>SKIP to 21a</i> N6Q20A		
b.	Did you CONTINUE to have panic attacks for at least 1 month AFTER you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 ☐ Yes 2 ☐ No SKIP to 21a N6Q20B		
CHIE	Is 12b marked "Yes" or 14b marked "Yes"?	1 □ Yes 2 □ No - <i>SKIP to 20g</i> N6CK610		
20c.	Did ALL of the times when you were having panic attacks in the last 12 months ONLY BEGIN to happen during or within 1 month after (drinking heavily/using any medicines or drugs/experiencing the bad aftereffects of drinking/medicines or drugs)?	1 □ Yes 2 □ No - SKIP to Check Item 6.10A N6Q20 C		
d.	During ANY of those times in the last 12 months when you were having panic attacks after (drinking heavily/ using any medicines or drugs), did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 6.10A N6Q20D		
e.	During ALL of those times, did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N6Q20E 2 □ No		
f.	Did you CONTINUE to have panic attacks for at least 1 month AFTER ANY of those times in the last 12 months when you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N6Q20F 2 □ No		
CHE	CK I 6.10A Is 12b marked "Yes"?	1 □ Yes - <i>SKIP to 21a</i> N6CK610A 2 □ No		
20g.	Did ALL of the times when you were having panic attacks BEFORE 12 months ago ONLY BEGIN to happen during or within 1 month after (drinking heavily/using any medicines or drugs/experiencing the bad aftereffects of drinking/ medicines or drugs)?	1 □ Yes 2 □ No - <i>SKIP to 21a</i> N6Q20G		
h.	During ANY of those times BEFORE 12 months ago when you were having panic attacks after (drinking heavily/using any medicines or drugs), did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 □ Yes 2 □ No - <i>SKIP to 21a</i> N6Q20H		
i.	During ALL of those times, did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N6Q20I 2 □ No		
j.	Did you CONTINUE to have panic attacks for at least 1 month AFTER ANY of those times BEFORE 12 months ago when you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N6Q20J 2 □ No		
21a.	Did you EVER talk to any health professional like a psychiatrist, other medical doctor, psychologist, social worker or any other kind of counselor or therapist to get help for panic attacks?	1 □ Yes N6Q21A 2 □ No		

Section 6 - ANXIETY (Continued)		
21b.	Did you EVER go to a self-help or support group, use a hotline, or visit an internet chat room to get help for panic attacks?	1 □ Yes N6Q21B 2 □ No
22.	Did you EVER go to an emergency room to get help for your panic attacks?	1 □ Yes N6Q22 2 □ No
23.	Were you EVER a patient in any kind of hospital overnight or longer because of your panic attacks?	1 □ Yes N6Q23 2 □ No
24.	Did a doctor EVER prescribe any medicines or drugs for your panic attacks?	1 □ Yes N6Q24 2 □ No
CHE ITEM	is at least 1 item marked Yes in 21a - 24?	4 El 9
	Did respondent ever seek help for their panic attacks?	1 □ Yes 2 □ No - <i>SKIP to Check Item 6.13</i> N6CK611
25.	How old were you the FIRST time you went anywhere or talked to anyone to get help for panic attacks?	Age
CHE	Is age in 25 equal to respondent's current age?	1 □ Yes - <i>SKIP to Check Item 6.13</i> N6CK612 2 □ No
26.	Did you go anywhere or talk to anyone in the last 12 months?	1 □ Yes 2 □ No - <i>SKIP to Check Item 6.13</i> N6Q26
CHE	Is age in 25 at least 2 years less than respondent's current age?	1 □ Yes - <i>SKIP to Check Item 6.13</i> N6CK612A 2 □ No
27.	Did you go anywhere or talk to anyone before 12 months ago, that is, BEFORE last (Month one year ago)?	1 □ Yes N6Q27 2 □ No
CHE	Is Check Item 6.5 marked "No"?	1 □ Yes 2 □ No - <i>SKIP to Check Item 6.14</i> N6CK613
28a.	Did your panic attacks BEGIN to happen DURING a time when you where physically ill or getting over being physically ill?	1 □ Yes 2 □ No - <i>SKIP to 29</i> N6Q28A
b.	Did a doctor or other health professional tell you that these panic attacks were related to your physical illness or medical condition?	$ \begin{array}{c} 1 \square \text{ Yes} \\ 2 \square \text{ No} \end{array} \} SKIP \text{ to } 29 \textbf{N6Q28B} $
CHE	Is 12b marked "Yes" or 14b marked "Yes"?	1 ☐ Yes 2 ☐ No - <i>SKIP to 28e</i> N6CK614
28c.	Did ALL of those panic attacks that you had in the last 12 months ONLY BEGIN to happen DURING times when you were physically ill or getting over being physically ill?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 6.15 N6Q28C
d.	Did a doctor or other health professional tell you that ALL of the panic attacks you had like this were related to your physical illness or medical condition?	1 □ Yes N6Q28D 2 □ No
CHE	CK Is 12b marked "Yes"?	1 ☐ Yes - <i>SKIP to 29</i> N6CK615 2 ☐ No
28e.	Did ALL of those panic attacks you had BEFORE 12 months ago ONLY BEGIN to happen DURING times when you were physically ill or getting over being ill?	1 □ Yes 2 □ No - <i>SKIP to 29</i> N6Q28E
f.	Did a doctor or other health professional tell you that ALL of the panic attacks you had like this were related to your physical illness or medical condition?	1 □ Yes N6Q28F 2 □ No
29.	Now I'd like to ask you about other times you may have had panic attacks that did NOT happen out-of-the-blue. That is, did you EVER have a panic attack that you EXPECTED in a specific situation or around certain objects that usually made you feel very frightened, uncomfortable, overwhelmed or nervous?	1 □ Yes 2 □ No – SKIP to Section 6a N6Q29

Section 6 - ANXIETY (Continued)		
CHE	CK Is Item 7 marked "Yes"?	1 ☐ Yes - <i>SKIP to Section 6a</i> N6CK616 2 ☐ No
30a.	Now I'd like you to think about the time when you were having your WORST panic attacks that were ENTIRELY EXPECTED. By worst panic attacks, I mean the ones that made you the most frightened, uncomfortable, nervous, or overwhelmed and that happened when you were in specific situations or around certain objects.	
	During your worst EXPECTED panic attacks did you (Repeat phrase frequently)	
	Have trouble catching your breath, feel short of breath, or feel like you were smothering?	1 □ Yes N6Q30A 2 □ No
b.	Feel your heart racing, pounding or skipping?	1 □ Yes N6Q30B 2 □ No
c.	Tremble or shake?	1 □ Yes N6Q30C 2 □ No
d.	Perspire or sweat?	1 □ Yes N6Q30D 2 □ No
e.	Feel as if you were choking?	1 □ Yes N6Q30E 2 □ No
f.	Feel dizzy, lightheaded, unsteady or as if you might faint?	1 □ Yes N6Q30F 2 □ No
g.	Feel that things around you seemed unreal?	1 □ Yes N6Q30G 2 □ No
h.	Feel that you were detached from the things around you?	1 □ Yes N6Q30H 2 □ No
i.	Have tingling or numbness in any part of your body?	1 □ Yes N6Q30I 2 □ No
j.	Have chills or feel hot?	1 □ Yes N6Q30J 2 □ No
k.	Feel nauseous, have an upset stomach, or feel you might vomit or have diarrhea?	1 □ Yes N6Q30K 2 □ No
l.	Have pain or pressure in your chest?	1 □ Yes N6Q30L 2 □ No
m.	Feel like you might go crazy or lose control?	1 □ Yes N6Q30M 2 □ No
n.	Feel like you might die?	1 □ Yes N6Q30N 2 □ No
CHE	Is at least 1 item marked "Yes" in 30a - n?	1 □ Yes 2 □ No - <i>SKIP to Section 6A</i> N6CK617
CHE	CK Are at least 4 items marked "Yes" in 30a - n?	1 ☐ Yes 2 ☐ No - <i>SKIP to Section 6A</i> N6CK618
31.	During the time you were having your worst EXPECTED panic attacks, did at least 4 of the experiences you just mentioned begin suddenly and become very intense within minutes?	1 ☐ Yes 2 ☐ No