



## HEAL Pain Strategic Planning Workshop

# The Intersection of Pain and Substance Use

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December 2, 2024

# HEAL Pain Strategic Planning Committee

“This Committee is charged with providing scientific guidance on how best to advance pain research through the HEAL Initiative by **proposing and prioritizing future-looking strategic research priorities** for the next phase (~5 years) of pain research to advance the HEAL mission.”

## 7 Subcommittees:

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- Non-addictive pain therapeutics
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# Subcommittee on the Intersection of Pain and Substance Use

## **Background:**

- Pain and substance use often co-occur and complicate each other

## **Scope:**

- Understanding ways in which pain and substance use intersect
- Populations disproportionately affected
- Interventions for pain and substance use

## **Subcommittee members:**

- Jessica Merlin, MD, PhD, MBA (Co-Chair)
- Joanna Starrels, MD, MS (Co-Chair)
- Amy Bohnert, PhD, MHS
- Hailey Bulls, PhD
- Ziva Cooper, PhD
- Joseph Ditre, PhD
- Karlyn Edwards, PhD
- Michael Falcon, OTD, OTR/L, MHA
- Scott Fishman, MD
- Katryna Joubert, LCSW
- Katie Fitzgerald Jones, PhD, ACHPN, CARN-AP
- Jennifer Hah, MD, MS
- Lakeya McGill, PhD
- Hector Perez, MD, MS

# Content of today's workshop

- Subcommittee members identified and prioritized important, timely research topics
- Synthesized these into drafted topic areas
- Subcommittee discussions expanded and prioritized topic areas
  - Others maintained in a dynamic “parking lot”
- Identified and invited speakers
- Presentations and discussions will address:
  - 1) What is the state of the science in this area?
  - 2) What are the most important research gaps?
  - 3) What are the potential impacts of filling these gaps?
- Goal for today is to elicit and specify high-impact research priorities at the intersection of pain and substance use

# Agenda (Collapsed version)

Time (ET)	Presentation
11:00-11:15 am	Welcome & Introductions from Subcommittee Co-Chairs and HEAL
11:15-11:25 am	Lived Experience Panel
11:25-11:30 am	Scientific Framing: Reciprocal Model of Pain and Substance Use
11:30-12:00 pm	Scientific Presentations: Personalized Approaches
12:00-12:15 pm	Discussion: Personalized Approaches
12:15-1:00 pm	Scientific Presentations: Equity and Highly Impacted Populations
1:00-1:15 pm	Discussion: Equity and Highly Impacted Populations.
1:15-1:25 pm	-- Break --
1:25-1:55pm	Scientific Presentations: Interventions
1:55-2:10 pm	Discussion: Interventions
2:10-2:40 pm	Scientific Presentations: Non-opioid Substances and Pain
2:40-2:55 pm	Discussion: Non-opioid Substances and Pain
2:55-3:00 pm	Closing Remarks

# How to ask questions and share your thoughts

- Discussions after each group of presentations
- Please use the **Q&A** function for questions for the presenters
- Please use the **Chat** for comments about research priorities or to communicate about AV or logistical issues



# Next Steps

- After the workshop, we will synthesize content, discussions, and chat comments to develop research priorities from the subcommittee
- Share with the full HEAL Pain Strategic Planning committee
- Thank you for participating in the workshop!