



Medicare Diabetes Prevention Program (MDPP) Expanded Model

MDPP Overview

Center for Medicare and Medicaid Innovation (CMMI)

Centers for Medicare and Medicaid Services (CMS)

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Agenda

The table below outlines the agenda for today's MDPP Webinar.

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Objectives

Our primary objectives for today's webinar are outlined below.

- Provide an overview of the Medicare Diabetes Prevention Program Expanded Model (MDPP).
- Share information related to MDPP supplier enrollment and service delivery.
- Discuss additional resources and address questions related to MDPP services.

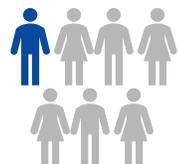
The Problem: The Prevalence and Cost of Diabetes

Diabetes affects many individuals, negatively impacts health outcomes, and carries high costs.

While Many are At-Risk for Diabetes, Few are Aware

1 in 2 Adults over age 65 have prediabetes¹

however...



Only 1 in 7 adults aged 65 and older with prediabetes are aware of their condition²

Diabetes Prevalence is High and Growing



One in four adults over age 65 have diabetes³

and...



Prevalence of diabetes is expected to double by 2050 among adults⁴

The Disease Burdens the System with High Costs

2.3x Diabetes causes individuals to spend 2.3 times more on health care per year⁶

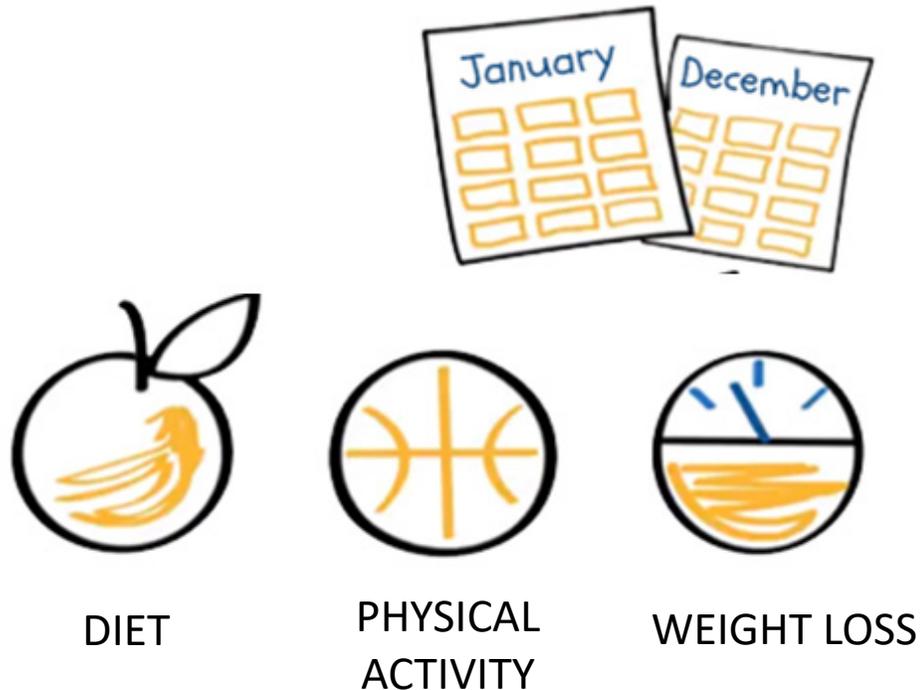
\$104B Annual Medicare cost of care for Americans 65+ with diabetes⁵



Adults with diabetes have twice the hospitalizations and ED visits, and take a larger number of prescription drugs⁷

The Medicare Diabetes Prevention Program (MDPP)

A group-based intervention targeting at-risk Medicare participants, using a CDC-approved National Diabetes Prevention Program curriculum.



- 1 year of sessions delivered to groups of eligible participants
- As a **Medicare preventive service**, there are no out-of-pocket costs.
- Coaches furnish MDPP services on behalf of MDPP suppliers

MDPP suppliers' primary goal is to help Medicare participants achieve at least 5% weight loss

The Evidence Base: CDC's National Diabetes Prevention Program

MDPP builds on the success of the CDC's National DPP. The National DPP is a structured lifestyle intervention that was tested in the Medicare population through a CMMI-funded DPP Model Test (Y-USA test).



Decades of Evidence

- Backed by over 20 years of evidence
- Research shows DPP can decrease the risk of type 2 diabetes in individuals with prediabetes by 58%¹



CDC's National DPP

- Implemented nationally
- CDC established the Diabetes Prevention Recognition Program (DPRP) to set quality assurance standards for the program



DPP Model Test (Y-USA test)

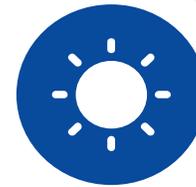
- Assessed DPP effectiveness among the Medicare population
- Showed that group-based community sessions can lead to beneficiary weight loss and Medicare savings

CDC Recognition is the First Step to MDPP Success



DPRP Recognition

- **Organizations must achieve full or preliminary DPRP recognition** before enrolling in Medicare as MDPP suppliers
- DPRP recognition helps assure that organizations have the capacity to become MDPP suppliers



DPRP Curriculum

- **MDPP suppliers utilize a CDC-approved curriculum to deliver MDPP services**
- CDC-approved curricula include evidence-based topics like healthy eating and weight loss

Inter-Agency Coordination

CMS and CDC each have unique roles and responsibilities with respect to MDPP services.

Payment, Enrollment, and Oversight Arm

MDPP suppliers receive payment from CMS and must meet and remain compliant with requirements established by Medicare



Quality Assurance Arm

MDPP suppliers must maintain CDC recognition and follow CDC quality standards, including use of a CDC-approved curriculum



MDPP Suppliers and Coaches

Medicare pays organizations, called MDPP suppliers, to furnish MDPP services to at-risk Medicare beneficiaries.

MDPP Suppliers

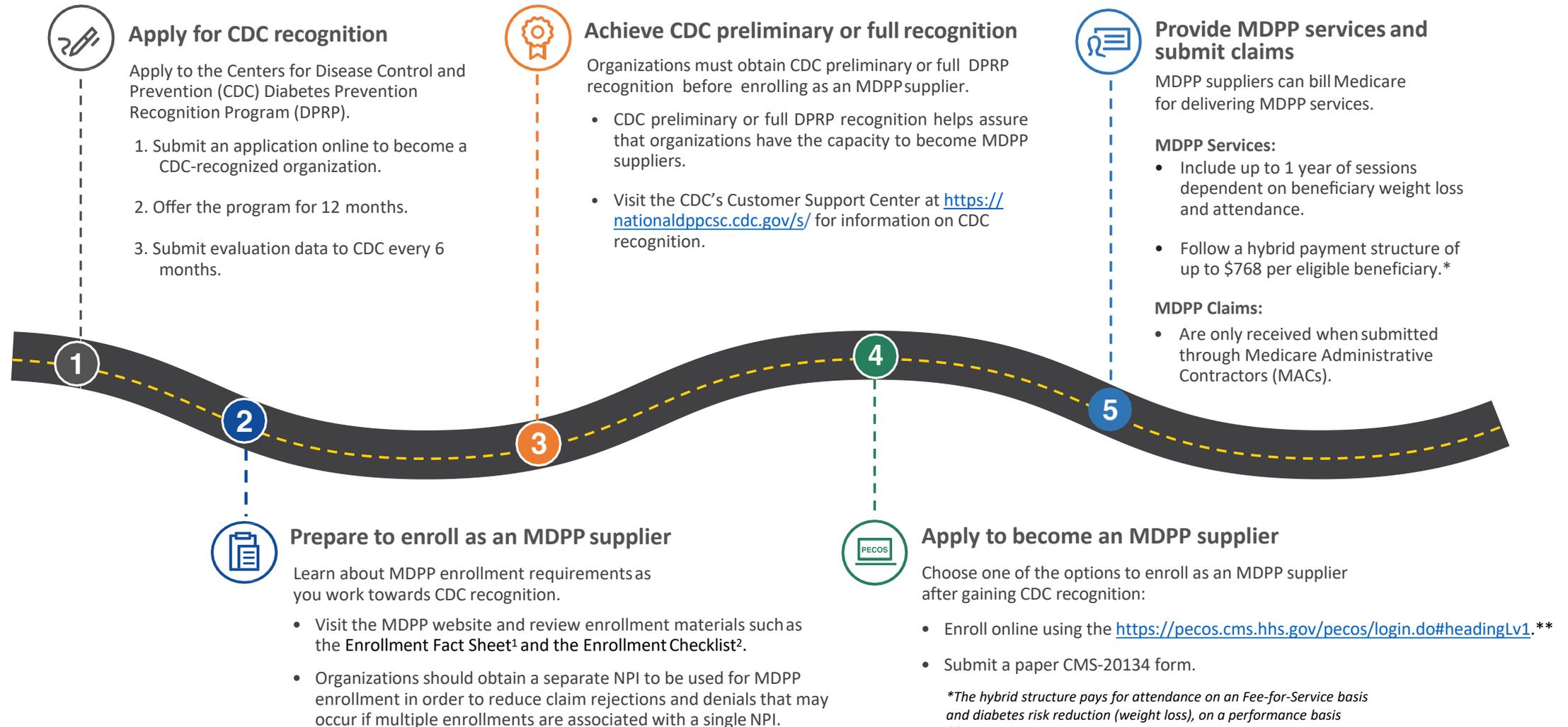
- Hospitals, community organizations, churches, clinics, and other kinds of organizations
- Have **full or preliminary CDC DPRP recognition**
- Meet program eligibility requirements as described in the *Supplier Requirements Checklist*.
- Deliver up to 1 year of MDPP set of services to eligible Medicare beneficiaries.¹

MDPP Coaches

- Employees, contractors, or volunteers of an MDPP supplier
- Can be clinical or non-clinical professionals trained in the CDC-approved curriculum.^{2, 3}
- Have a valid National Provider Identifier (NPI)
- Meet full program eligibility requirements as described in the *Coach Eligibility Fact Sheet*.

Steps to Enrolling as an MDPP Supplier

Before applying to become an MDPP supplier, organizations must gain full or preliminary CDC recognition.



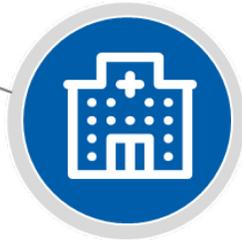
¹ <https://innovation.cms.gov/Files/x/mdpp-enrollmentfs.pdf>; ² <https://innovation.cms.gov/Files/x/mdpp-enrollmentcl.pdf>

MDPP Beneficiary Eligibility Requirements

MDPP is available to Medicare participants with an indication of prediabetes.

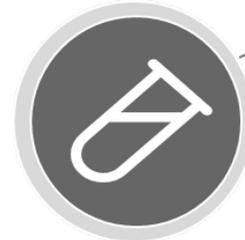
Medicare Eligibility

participants must have coverage through Original Medicare (Part B) or Medicare Advantage (Part C)



Blood Tests and Body Mass Index (BMI)

participants must present one of three blood tests indicating prediabetes and BMI of at least 25 (or 23 if self-identified as Asian).



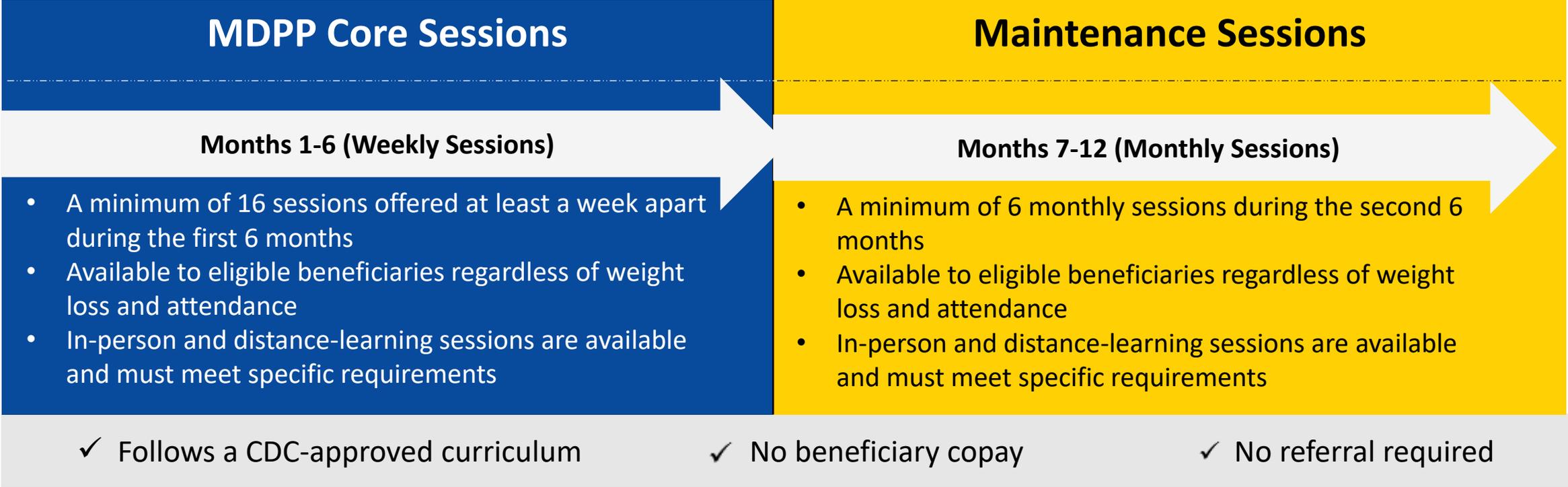
Other Medical History

participants must not have a previous diagnosis of diabetes or End Stage Renal Disease, and no previous receipt of MDPP services



Program Duration and Covered Services

MDPP core services includes six months of weekly core sessions followed by six months of monthly maintenance sessions



Sample Activities:



Better Outcomes, Higher Incentives

Payments are made based on beneficiary attendance *and* beneficiary weight loss.

FFS Payment Scenarios, CY2024 Payment Rates ¹			
	Attendance	Weight Loss (WL)	Supplier Payment
G9886	Behavioral counseling for diabetes prevention, in-person, group, 60 minutes	N/A	\$25
G9887	Behavioral counseling for diabetes prevention, distance learning, 60 minutes	N/A	\$25
G9880	5 percent weight loss (WL) Achieved from baseline weight	5% WL	\$145
G9881	9 percent WL Achieved from baseline weight	9% WL	\$25
G9888	Maintenance 5 percent WL from baseline in months 7-12	5% WL	\$8
G9890	Bridge Payment	N/A	\$25

Source: <https://innovation.cms.gov/media/document/mdpp-payment-rates-cy24>¹

Maintaining Enrollment

MDPP suppliers must adhere to the following requirements to maintain enrollment.

- ✓ Meet and maintain CDC recognition requirements
- ✓ Have an active or valid TIN and NPI
- ✓ Pass screening at high categorical risk
- ✓ Meet Medicare Provider requirements
- ✓ Obtain and provide information on MDPP coaches
- ✓ Follow the MDPP Supplier Standards and Compliance

Delivery

MDPP suppliers must keep records, collect and submit data, and adhere to certain standards.



MDPP Locations

MDPP suppliers must maintain compliance with specific administrative standards and location requirements.

Examples of administrative standards include:

- *Administrative location*
- *Community setting(s)*
- *Appropriate signage onsite*
- *Working telephone onsite*



Record Keeping

MDPP suppliers are required to keep and submit records when furnishing MDPP services.

Examples of records MDPP suppliers must keep and submit include:

- *Beneficiary Personally Identifiable Information (PII) and Protected Health Information (PHI)*
- *Documentation of MDPP session type, coach information, date and place of service, and beneficiary information*



Data Collection and Submission

MDPP suppliers must collect and submit performance data for MDPP beneficiaries when delivering MDPP services.

Examples of data collected for submission include:

- *Crosswalk of beneficiary identification to Health Insurance Claim Numbers (HICNs) or Medicare Beneficiary Identifiers*
- *MDPP beneficiary performance data*

Resources

MDPP Supplier Resources: Enrollment Checklist

Use the Enrollment Checklist to gather the specific information and documentation needed to enroll as an MDPP supplier

Medicare Diabetes Prevention Program (MDPP) Enrollment Preparation Guide

Organizations with preliminary or full Centers for Disease Control (CDC) Diabetes Prevention Recognition Program (DPRP) recognition may enroll as an MDPP supplier. Take the following steps to prepare for enrollment.

Learn about Medicare Administrative Contractors (MACs)

MACs are regional contractors who process enrollment applications and Medicare fee-for-service (FFS) claims (also known as Original Medicare claims), among other activities. Contact your MAC with questions about enrollment, billing, and payment.

About MACs

- MACs perform many activities, including:
 - Review applications and enroll providers in the Medicare FFS program
 - Make and account for Medicare FFS payments
 - Respond to provider and supplier inquiries
 - Educate providers and suppliers about Medicare FFS billing requirements
 - Communicate information about the Medicare FFS program on behalf of CMS
 - Process Medicare FFS claims submitted in their region for services provided to beneficiaries

Helpful Resources

- [What is a MAC?](#)¹
- [Find my MAC's contact information](#)²
- [MAC Provider Portal by State](#)
- [Who are the MACs?](#)³

Create an Identity and Access (I&A) account

Create one I&A account to access the CMS systems, such as PECOS, that support enrollment as an MDPP supplier.

About the I&A Management System

- Your I&A account connects you to important CMS systems relevant to MDPP suppliers including PECOS and the National Plan and Provider Enumeration System (NPDES).

Helpful Resources

- [I&A Management System Website](#)⁴
- [I&A FAQs](#)⁵

What is the Enrollment Checklist?

A document prospective MDPP suppliers may use to gather all the information needed to include in the MDPP enrollment application.

Audience: Organizations with CDC preliminary or full recognition that are starting the MDPP enrollment process.

Where can I find the Enrollment Checklist?

Go to: <http://go.cms.gov/mdpp-exp>

Scroll to: *CDC Recognition and Medicare Enrollment*

Click: *MDPP Enrollment Checklist*

Helpful Resources



Ready to become a CDC-recognized National DPP delivery organization?

Head to the [National DPP website](#).¹



Already CDC-recognized and ready to enroll as an MDPP supplier?

Once recognized by CDC (either full or preliminary status), enroll online through the Provider Enrollment Chain and Ownership System ([PECOS](#)).² Review the enrollment [application](#).³



Want to access supplier support resources?

Head to the [MDPP website](#).⁴



Want to access a complete list of existing MDPP suppliers?

Head to the [current list of MDPP suppliers](#).⁵



Want to find out which organizations are eligible to become MDPP suppliers?

Head to [CDC's National DPP Registry](#), and look for “Full” or “Preliminary” recognition organizations.⁶



Other ways to stay updated, ask questions, or provide feedback

Sign up for our listserv by emailing mdpp@cms.hhs.gov.