



Culture Change in Long-Term Care

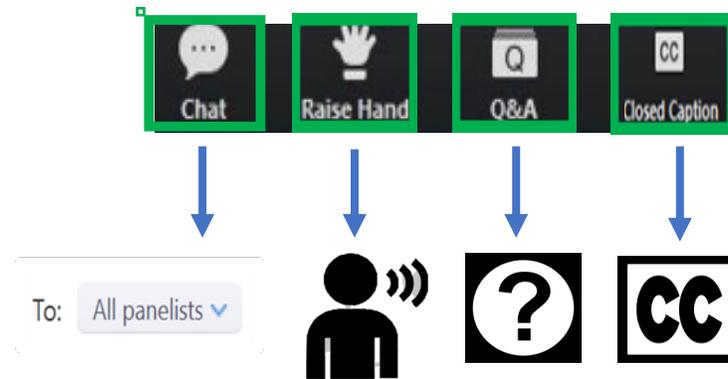
May 25, 2022

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Enjoy the session!





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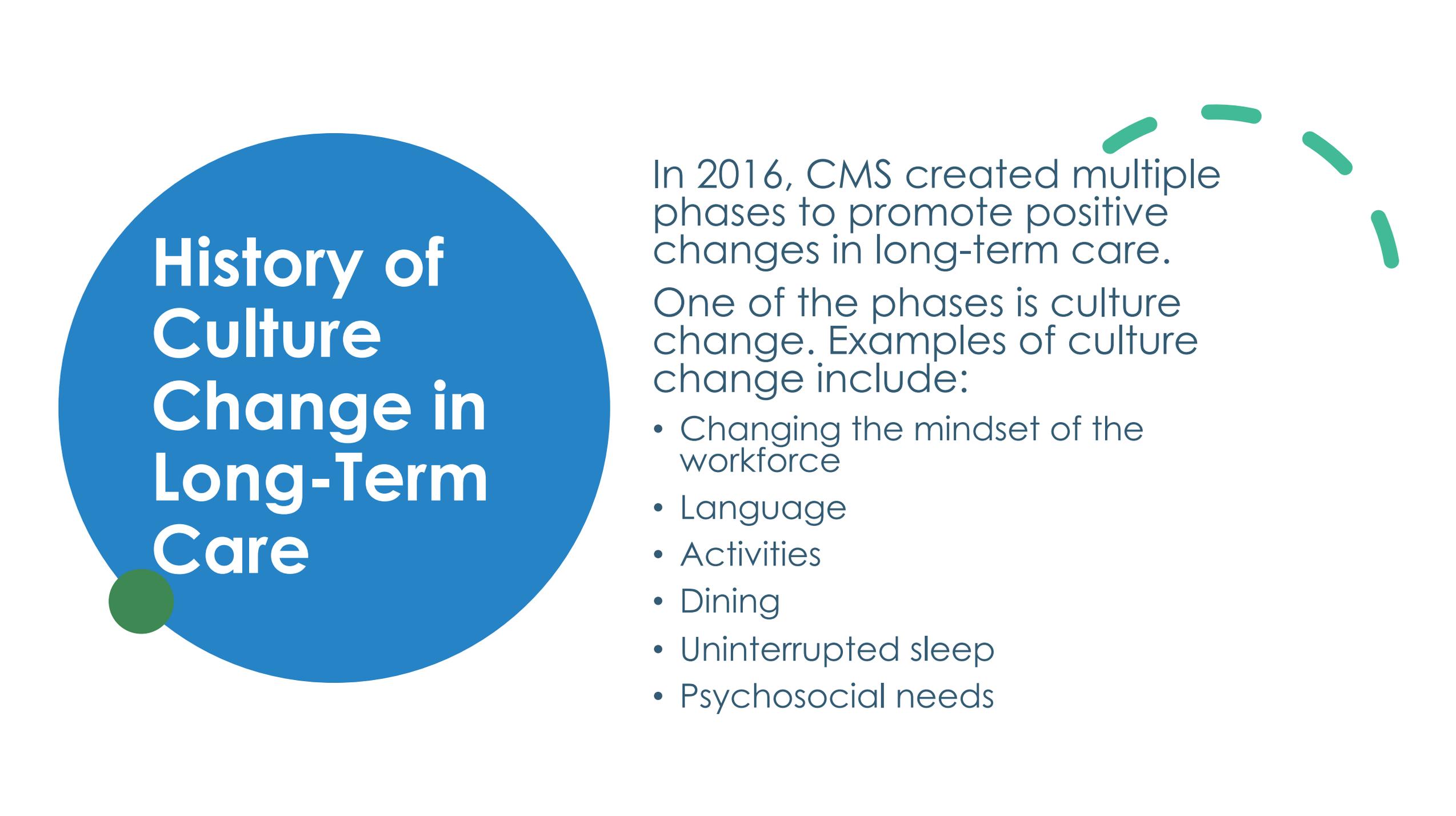
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History of Culture Change in Long-Term Care

In 2016, CMS created multiple phases to promote positive changes in long-term care.

One of the phases is culture change. Examples of culture change include:

- Changing the mindset of the workforce
- Language
- Activities
- Dining
- Uninterrupted sleep
- Psychosocial needs

History of Culture Change in Long-Term Care

- In Native nursing homes, cultural needs are being met
- CMS's concept of culture change aligns well with the work we do in Native American, Alaska Native, and Native Hawaiian long-term care settings



Objectives

Learn how tribal nursing homes have incorporated culture change and Native language into their approach to care

Explain why culture change matters in tribal long-term care settings

Share common challenges associated with the incorporation of culture change

Hear about best practices for honoring death and dying with culture change





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How Has Your Nursing Home Incorporated Cultural Change?

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Changing the language

Naming rooms and hallways in Native language

Personalizing elders' rooms

Native foods

Gardening

Pets

Prior lifestyles



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Explain Why Culture Change Matters in Tribal Long-Term Care Settings

Explain Why Culture Change Matters in Tribal Long-Term Care Settings

- Supporting psychosocial wellness
- Individualizing care plans
- Meeting elders' needs
- Spontaneity

Dah-Vah-Yog-Wee

(Where the Sun Sets)

WEST WING

RM 101-111





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Honoring Death and Dying with Dignity



Honoring Death and Dying with Dignity

- Death of an elder
- Honoring families
- Cultural beliefs
- Memorial inclusion for other elders and their feelings
- Honoring the ceremonial beliefs of other tribes



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Challenges Incorporating Culture Change

Challenges Incorporating Culture Change



- Staff buy-in
- Staff training
- Consistency and follow-through
- Educating new staff
- Power struggles
- Empowering the elders



Questions?



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The logo is centered on a yellow background. On either side of the logo are large, stylized geometric patterns in a lighter yellow color, resembling traditional designs. The background also features a faint, larger-scale version of these patterns.